

# December

# 2017

## La Grange School District 102 Elementary Lunch Menu

arbor Management Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Cheese Romaine Salad Sliced Cucumbers 100% Fruit Juice
4 Mini Corn Dogs Romaine Salad Tiny Tomatoes Assorted Fresh Fruit	5 <b>"NEW ITEM"</b> Crispy Chicken on a Waffle Steamed Broccoli Black Beans Applesauce	6 Chicken Strips Whole Grain Roll Vegetarian Beans Cauliflower Buds Applesauce	7 Turkey & Cheese Sub Romaine Salad Tiny Tomatoes Assorted Fresh Fruit	8 BBQ Beef Ribbette Romaine Salad Tiny Tomatoes Applesauce
11 Chicken Nuggets w/Roll Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit	12 Cheese Garlic Flatbread Seasoned Green Beans Broccoli Buds w/Ranch Assorted Fresh Fruit	13 <b>LUCKY TRAY DAY</b> Walking Taco w/Scoops Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit	14 <b>BRUNCH FOR LUNCH</b> Waffles Turkey Sausage Baby Carrots w/Ranch Tri-Taters (1) Assorted Fresh Fruit	15 Crispy Chicken Sandwich Seasoned Green Beans Broccoli Buds w/Ranch Assorted Fresh Fruit
18 Western BBQ Burger Mashed Potatoes Sweet Corn Assorted Fresh Fruit	19 Meatball Sub w/Red Sauce Seasoned Green Beans Tiny Tomatoes 100% Fruit Juice	20 Grilled Cheese Romaine Salad Sliced Cucumbers 100% Fruit Juice	21 Chicken Nuggets w/Roll Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit	22 <b>HOLIDAY MEAL</b> Oven Baked Turkey w/Mashed Potatoes & Gravy Sweet Corn Assorted Fresh Fruit
25	26	27	28	29

# Winter Break

**Farm Fresh Produce**  
featuring... **Squash**  
Squash contains healthy fats Omega-3 and Omega-6 that your brain and nerves need to talk to your body.

**Available Daily**  
**Fruit & Veggie Bar**  
**Lunch \$2.85**  
(Milk included with meal)  
**Milk 55¢**  
**Offered Daily:**  
Fat Free Flavored  
1% White

**NEW ITEM**  
**DECEMBER 5TH**  
**CRISPY CHICKEN**  
**ON A WAFFLE**  
**LUCKY TRAY DAY**  
**DECEMBER 13TH**

**Questions**  
Call Pam Boyd  
Food Service Manager  
708-215-7095  
Menu changes may be necessary. Notice will be given when possible.  
**A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.**  
For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork