

# January

# 2018

## La Grange School District 102

### Breakfast Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
1					
<h1>Winter Break</h1>					
8	Maple Waffles Crisp Apple 100% Fruit Juice	Chocolate Chip Oat Bar Orange Halves 100% Fruit Juice	2 Pancakes w/Syrup Orange Halves 100% Fruit Juice	Mini Banana Bread Vanilla Bears Applesauce 100% Fruit Juice	French Toast Sticks Orange Halves 100% Fruit Juice
15	MARTIN LUTHER KING DAY  NO SCHOOL	Turkey Pancake Wrap Vanilla Bears Fresh Fruit 100% Fruit Juice	Blueberry Muffin Top w/Vanilla Bears Orange Halves 100% Fruit Juice	Honey Wheat Bagel w/Cream Cheese Applesauce 100% Fruit Juice	Scrambled Egg Patty w/Mini Bagel Crisp Apple 100% Fruit Juice
22	Mini Cinnis Orange Halves 100% Fruit Juice	Apple Oat Bar Crisp Apple 100% Fruit Juice	French Toast Sticks Orange Halves 100% Fruit Juice	Yogurt Cup Vanilla Bears Crisp Apple 100% Fruit Juice	Blueberry Muffin Top w/Vanilla Bears Orange Halves 100% Fruit Juice
29	2 Pancakes w/Syrup Orange Halves 100% Fruit Juice	Strawberry Pop Tart Vanilla Bears Orange Halves 100% Fruit Juice	Mini Banana Bread Vanilla Bears Applesauce 100% Fruit Juice		

**Breakfast \$1.30**  
(Milk included with meal)

**Milk 55¢**

Offered Daily:  
Fat Free Flavored  
1% White

The best way to start off each day on the right foot, is to eat a balanced breakfast!!

**Questions**

Call Pam Boyd  
Food Service Manager  
708-215-7095

Menu changes may be necessary. Notice will be given when possible.

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork