

# January

# 2018

## La Grange School District 102 Elementary Lunch Menu

arbor Management Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<h1>Winter Break</h1>				
8 <b>**NEW ITEM**</b> Sriracha Chicken Sandwich Steamed Broccoli Black Beans Applesauce	9 Walking Taco w/Scoops Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit	10 Chicken Strips Whole Grain Roll Vegetarian Beans Cauliflower Buds Applesauce	11 Cheeseburger Assorted Fresh Veggies Assorted Fresh Fruit	12 Turkey & Cheese Sub Romaine Salad Tiny Tomatoes Assorted Fresh Fruit
15 MARTIN LUTHER KING DAY NO SCHOOL	16 Mac & Cheese w/Roll Garden Peas Tiny Tomatoes Applesauce	17 Mini Corn Dogs Romaine Salad Tiny Tomatoes Assorted Fresh Fruit	18 Cheese Ravioli Baby Carrots /Ranch Tiny Tomatoes Assorted Fresh Fruit	19 Chicken Nuggets w/Whole Grain Roll Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit
22 Pizza Dippers Marinara Dipping Sauce Steamed Broccoli Beets Variety Fresh Fruit	23 <b>LUCKY TRAY DAY</b> Chicken Parmesan Sandwich Fresh Spinach Tiny Tomatoes Applesauce	24 Chicken Strips Whole Grain Roll Vegetarian Beans Cauliflower Buds Applesauce	25 Cheese Garlic Flatbread Seasoned Green Beans Broccoli Buds w/Ranch Assorted Fresh Fruit	26 Bean & Cheese Burrito Refried Beans Zesty Salsa Assorted Fresh Fruit
29 Cheese Quesadilla Refried or Black Beans Zesty Salsa Assorted Fresh Fruit	30 Waffles Turkey Sausage Baby Carrots w/Ranch Tri-Taters (1) Assorted Fresh Fruit	31 Walking Taco w/Scoops Baby Carrots w/Ranch Romaine Salad Assorted Fresh Fruit		

**Farm Fresh Produce**  
featuring... **Blueberries**  
Did you know freezing blueberries and other produce helps to keep the nutrients inside?

**Available Daily**  
**Fruit & Veggie Bar**

**Lunch \$2.85**  
(Milk included with meal)

**Milk 55¢**

**Offered Daily:**  
Fat Free Flavored  
1% White

**NEW ITEM**  
**JANUARY 8TH**  
**SRIRACHA CHICKEN SANDWICH**  
**LUCKY TRAY DAY**  
**JANUARY 23RD**

**Questions**  
Call Pam Boyd  
Food Service Manager  
708-215-7095

Menu changes may be necessary. Notice will be given when possible.  
**A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.**

For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork