

LAG School District 102 Sack Menu

August 2019



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22 "Cookie"	23
		HALF DAY NO SCHOOL	Chicken wrap Baby Carrots w/ Ranch Cauliflower Buds 100% Fruit Juice	2 Cheddar Cheese Sticks w/ Tortilla Chips Golden Sweet Corn Zesty Salsa Crisp Apple
26	27	28	29	30
Chilled Chicken Strips w/BBQ Sauce Wheat Roll Cucumber Slices Tiny Tomatoes Crisp Apple	Ham & Cheese Sandwich Garden Peas Baby Carrots w/ Ranch 100% Fruit Juice	Turkey & Cheese Wrap Coleslaw Baby Carrots w/ Ranch 100% Fruit Juice	Chicken Nuggets w/ Soft Pretzel Stick Broccoli Buds Tiny Tomatoes Orange Halves	Ham & Cheese Wrap Garbanzo Beans Tiny Tomatoes Fresh Pear

Lunch
\$2.95
Milk is
Included
With Meal

Milk
\$.55
A Variety of
Milk is Offered
Daily

Questions about the menu?
Neicy Wicks
Arbor @dist102.k12.il.us
708-215-7095

For more information
or to "Ask the Dietitian",
check out our website!




Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.